



Itineraries from the Eremo Del Lupo



Visit to the Garden Nursery: 'La Valletta' - Plants resistant to drought

Period: From April to June and September to October
ATTENTION: Only pre-booked groups of minimum 4 people

La Valletta is a small family-run garden nursery specialising in the cultivation of plants that are resistant to drought. It is situated on a hill amongst olive groves, a short distance from the Parco Regionale della Vena del Gesso. This region of Romagna is renowned for its landscape with its own ecosystem, thus enabling plants normally found in the Mediterranean area to be grown here such as cistus, buckthorn, holm oak, phillyrea and terebinthus.

"When there is silence, things start to talk; stones, animals, plants become brothers and sisters and they speak about what we cannot see" Ernest Junger

ERNEST JÜNGER



Day I°

Arrive at Brisighella early afternoon – make your way to the B & B Eremo del Lupo inside the Parco Regionale della Vena del Gesso Romagnola. In the afternoon relax in the Parco Regionale near to the **B&B¹**. Dinner and conversation under the stars, and then to bed. For groups of more than 5 people, part of the group will be accommodated for the night at the Visite Ca' Carne.

I For those who wish, there is the possibility, at a reduced cost, to use the facilities of the Terme di Riolo Terme complete with a splendid thermal swimming pool, sauna, Turkish bath and massaging shower. The facilities are available for your use daily – afternoons or evenings.

B&B EREMO DEL LUPO – VIA RONTANA 44/A – BRISIGHELLA (Ra) – Tel. 0039-054681022 –
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Day II°

Breakfast and preparations for the excursion leaving at 9.00 am. Meet with Maria Chiara Boni, the creator of the garden nursery 'La Valletta', who will accompany us on the easy walk along forest paths to 'La Valletta'. We will see a variety of landscape typical of the hills of Vena de Gesso. Walking through the Parco de Carne we will end at the ridge of Rotana. We will follow an unmade road down to the lowest point of the valley, cross over the Rio Bagno and then back up the other side of the valley to 'La Valletta'. This is where we begin the visit of the nursery. We will learn how it became a nursery, get to know some of the techniques and procedures used whilst respecting the environment and how it has been possible to select plants that are resistant to extreme conditions, especially drought. Here they have developed different environments for wildflowers, Mediterranean plants, cistus, rockeries and dry walls.

We will be able to have a glimpse of the diverse flora of the Mediterranean, here at 'La Valletta'.



There will be a short break during the visit, to restore ourselves, at the house and the opportunity to enjoy the splendid views of the valley and surrounding area. We will finish the visit in the early afternoon and walk back to the **B & B Eremo del Lupo**.

Please note: The walk is about 6 km (2 hours) to 'La Valletta' and the same for the return journey - approx. 12 km in total. We will be climbing about 500 m. Please do be equipped with comfortable hiking boots, backpack and wear suitable clothing for the season.



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Cost: £80 per person (minimum 4 people)

Included in the price: Overnight stay and meals, led walk to 'La Valletta' and back, guided visit of the Garden Nursery.

Not included in the price: Entry to the Terme di Riolo.



GARDEN NURSEY: LA VALLETTA
<http://www.giardinovivaiolavalletta.it/>



IN COLLABORATION WITH OF THE TERME DI RIOLO <http://www.termediriolo.it/en/>



CONTACT:

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